Dear Families,

As you are aware one of the Initiatives from Catholic Education Office that was offered to St Monica’s earlier was Extending Mathematical Understanding Program or EMU as it is more commonly known. EMU provides intervention aimed at supporting students’ understanding and achievement in mathematics, particularly relating to number concepts. EMU targets children in Year One to work with a specialist teacher and a group of three children, 4-5 times a week for 30 minutes on an individually designed session. The EMU Specialist Teacher works closely with the classroom teachers and parents. Parents are invited to observe an EMU lesson during the program. Daily attendance is an important aspect of the program.

The program runs for 10 – 20 weeks. There is a graduation ceremony and transition back to class mathematics lessons at the conclusion of the program.

The EMU Specialist Teachers are also involved in ongoing training and professional learning. As part of the package for EMU we have been offered the expertise of Mrs Nadine Meredith - teaching and Learning Educator with the Catholic Education Office Parramatta. Her expertise and professionalism will be a great benefit to the staff at St Monica’s.

Have a great week

Mary Clark

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MEDICAL AWARENESS - BEE STINGS

We have seen an increase in the number of bees in the playground with the increase in blossom for the season changing from winter to spring. If your child is allergic to wasps or bees stings, could you please check that our records, kept at school, are up to date for your child by ringing the office. We are aware of two children with bee sting allergies. However there seems to be many other children with adverse reactions to bee and wasp stings. Please contact your doctor for a Medical Action Plan if your child has a known allergic reaction to bees or wasp stings. Thank you.

Mary Clark - Assistant Principal
SCHOOL FEE RECEIPTS FOR BPAY & DIRECT DEBITS ISSUED

There will no longer be receipts for school fee payments by BPay or Direct Debit. We now process our fees by Auto Receipting and therefore no receipts are produced. Please keep a record of your payment reference numbers.

PERMISSION NOTES & MONEY FOR EXCURSIONS/INCURSIONS

A large number of excursions/incursions money is being handed in to the office. It is really important that your child hands envelopes for excursions/incursions to the class teacher who records them in a book before they come to the office. Many permission slips have no student name or class on them which makes it very difficult to identify the student making the payment and being given permission to attend events.

Canteen Roster

Thank you to the following parents who will be working in our canteen this week. We appreciate the time and effort you give to our students. If you are unable to attend on your rostered day please contact Alison on 0428228121.

<table>
<thead>
<tr>
<th>Date</th>
<th>Parents</th>
</tr>
</thead>
<tbody>
<tr>
<td>Wednesday Sep 10</td>
<td>Natasha Toms, Joanne Apostolatos</td>
</tr>
<tr>
<td>Friday Sep 12</td>
<td>Rebecca Fitzsimons, Nicole Davidson</td>
</tr>
<tr>
<td>Monday Sep 15</td>
<td>Leanne Attard, Sue Hoeflake</td>
</tr>
<tr>
<td>Wednesday Sep 17</td>
<td>Kath Purvis, Linda Myers</td>
</tr>
<tr>
<td>Friday Sep 19</td>
<td>Staff Development Day</td>
</tr>
<tr>
<td>Monday Oct 6</td>
<td>PUBLIC HOLIDAY</td>
</tr>
<tr>
<td>Wednesday Oct 8</td>
<td>Katie O'Sullivan, Nicole Wright</td>
</tr>
</tbody>
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NUDE FOOD DAY

This term we have been recording the number of children that are participating in Nude Food Days by eating healthy food and using reusable containers. The grades with the highest number of participants for the last two Nude Food Days are as follows: Year 5, Year 1 and Year 2. The three grades won a healthy fruit treat for Crunch and Sip. Congratulations to the following children for winning the K-2 colouring competition:

Kinder: Emma M
Year 1: Samuel K and William P
Year 2: Adrian P and Jack H

Years 3 – 6 were asked to submit an entry for the Nude Food Rap competition. The following children represented their grade:

Year 3: Lilly, Molly, Holly B, Adelaide and Kayla.
Year 4: Ashley, Ebony, Eleanor, Ella, Madelyn and Taylah.
Year 5: Ellynah, Ruby, Olivia G, Claire, and William.
Year 6: Mary, Thomas, Bradley and Andrea.

Congratulations to the Year 4 group on winning. Remember that Nude Food Day is about focussing on the positive message of ‘nude food = healthy body + a healthy planet’, we want your children to be empowered to choose healthy, rubbish free food for their lunches and snacks. No pre-packaged foods. Pack your food and drinks in reusable containers. No plastic packaging, because there won’t be any bins provided.

Thank you,

Mrs Kellyanne Kemble & Mrs Pauline Kojic

SICK CHILDREN

At this time of the year there are an unusually high percentage of sick children. We ask that you keep them at home until they are completely recovered. Children are coming to school when not completely recovered and then needing to be sent home as they are unable to cope. This is not only a burden on the school, but it also spreads the germ, thus making others unwell. Please be responsible regarding your child’s health and that of others.

NUDE FOOD RECIPE

Savoury Cheese Scrolls

Ingredients

- 500g self raising flour + extra flour for rolling dough
- 2 tablespoons light margarine
- 180mls reduced fat milk + extra milk for brushing
- 1 egg
- Olive oil cooking spray

Cheese Filling
• 100g reduced fat grated tasty cheese
• 2 tbls grated parmesan cheese
• 100g each of shallots & capsicum, sliced finely
• 200g leg ham, diced
• Grated carrot/zucchini and corn kernels can also be added to increase vegetable serves

Method
1. Preheat the oven to 200c
2. Place the flour in large mixing bowl. Melt margarine and add to the milk in a separate bowl. Using a fork, beat the egg into the milk until combined well. Pour egg and milk mixture into the flour and fold to combine.
3. Place dough on a well-floured surface and roll out into a rectangle (30cm x 25cm), placing the widest side nearest to you. Brush the surface with a little extra milk.
4. Sprinkle all of the filling ingredients evenly over the dough.
5. Starting from the widest side of the dough, roll away from yourself, to form a tight spiral. Cut the roll into 12 slices and place on a lined baking tray. Place the scrolls flat side down so that they touch each other in a round cluster.
6. Brush with a little milk and bake for 12-15 minutes or until golden and cooked through. Place in containers and store in refrigerator for lunch the following day.

HAPPY BIRTHDAYS:

To students celebrating their birthday during the next two weeks and in the school holidays:

Ben Z (4B)   Mary G (6W)
Charlotte C (KW)  Aiden C (KW)
Lilly S (5B)  Vanessa A (3W)
Maya H (1B)  Georgia D (KW)
Ryleigh H-S (4W)  Ashton E (2W)
Madelyn S (5B)  Tiffany K (5W)
Aaliyah M (5B)  Travis O (4W)
Riley S (2W)  Sally H (6B)
Adrian P (2W)  Jack H (2B)
Cody J (1B)  Claudia I (6W)
Jasmine S-C (KW)  Meg D (6B)
Reegan M (KW)  Clay P (5W)
Michaela S-C (5W)  Alexander S (5B)
Layla D (KB)  Aimee M (4B)
Caian W (KB)  Aara D (KB)
Leo B (KB)  Jacob D (5W)
Alyssa M (3W)  Valentina S (KB)

To students celebrating their birthday during the next two weeks and in the school holidays:

Ben Z (4B)   Mary G (6W)
Charlotte C (KW)  Aiden C (KW)
Lilly S (5B)  Vanessa A (3W)
Maya H (1B)  Georgia D (KW)
Ryleigh H-S (4W)  Ashton E (2W)
Madelyn S (5B)  Tiffany K (5W)
Aaliyah M (5B)  Travis O (4W)
Riley S (2W)  Sally H (6B)
Adrian P (2W)  Jack H (2B)
Cody J (1B)  Claudia I (6W)
Jasmine S-C (KW)  Meg D (6B)
Reegan M (KW)  Clay P (5W)
Michaela S-C (5W)  Alexander S (5B)
Layla D (KB)  Aimee M (4B)
Caian W (KB)  Aara D (KB)
Leo B (KB)  Jacob D (5W)
Alyssa M (3W)  Valentina S (KB)
Many deposit slips and butts are not being filled out for student banking. Please fill out all deposit slips and butts. In term 4 any deposit slips or butts not filled out will be returned and not processed.

**COMMUNITY NEWS**

**RICHMOND TAFE OUTREACH** in partnership with North Richmond Community Centre is offering a FREE course, Introduction to Horticulture “Sustainable Gardening”. Develop skills that you can use in your community, home or workplace and discover options available for further TAFE training.

The course will include:

- Practical hands on experience creating a vegetable garden on site at the centre’s Out of School Hours Care Service, The Fun Factory.
- Preparing & testing soil for establishing a sustainable vegetable garden.
- Planting a hedge and a flowering garden.
- Contributing to a community project.
- Gain information leading to further study or work options.

Information & application session is Wednesday, October 8 @10am at the North Richmond community Centre, 33 William Street, North Richmond. The course will be held on Wednesdays for 8 weeks from 9:30am – 2:30pm starting on October 15, 2014. For more information to register your interest call North Richmond Community Centre on 4571 1909 or Richmond TAFE Outreach on 4570 9021.

**NORTH RICHMOND WOMEN’S GROUP**

Join us for tea, coffee morning tea along with different activity each week such as:

- Board Games
- Candle Making
- Hand Reflexology & Relaxation
- Cake Decorating
- And Many Other activities

And loads of other random stuff. Do as much or little as you like! Women’s Group is an opportunity for women to come together, form friendships, be mentally stimulated and have some fun! And yes, there is child care provided by Hawkesbury Community Outreach’s “Mobile Minders” – so a a great opportunity for some time out for busy mums!

When: Tuesdays, 9:30am – 11:30am
Where: North Richmond community Centre
NRGY Youth Hall
33 William Street, North Richmond.

Cost: Gold coin donation, unless otherwise specified.
Childcare: Is available for all session (By donation-suggested amount $5).

**HAWKESBURY MULTICULTURAL WOMEN’S GROUP**

Tell your friends about this group!

A friendly social group for women of all ages who have come to Australia from somewhere else in the world at some stage in their lives, or who have a connection to another country through family, friends or personal interest.

North Richmond Community Centre
33 William Street, North Richmond
2nd & 4th Monday every month
10am - 12noon

Free

This group is a place where you can
- Meet other women
- Share experiences
- Support each other
- Share morning tea
- Share and celebrate your heritage and your own culture, like festivals, special days and of course, food!

For information please call Birgit at North Richmond Community Centre on 4571 3748 or e-mail manager@northrichmond.org.au

**Connecting Women from around the World**

**LADIES MARKET NIGHT**

Saturday 8th November 2014 – SAVE THE DATE!!!
6:30pm – 8:30pm
Unit 23/37-47 Borec Road, Penrith

We would like to have a large variety of stalls including make-up, jewellery, tarot reading, handbags, food, candles, massage, art, photography, perfume, etc. Unfortunately, we are unable to book any more stalls that have children’s clothing or accessories. If you are interested in having a stall (limit 1 table per stall) please contact Karen at wpawestsidessociety@gmail.com

The cost is $30 plus a product donation for our Raffle/Lucky Door Prize. To be fair to everyone we will not be booking more than 1 table per company product ie Avon, Nutrimetics, Mary Kay, etc. Spaces are limited so book now!