



# NEWSLETTER

## ST MONICA'S PRIMARY SCHOOL

PO BOX 274 -32 FRANCIS STREET, RICHMOND 2753 P: (02) 4570 3700  
E: [stmonric@parra.catholic.edu.au](mailto:stmonric@parra.catholic.edu.au)

WEBSITE: [WWW.STMONICASRICHMOND.CATHOLIC.EDU.AU](http://WWW.STMONICASRICHMOND.CATHOLIC.EDU.AU)

PRINCIPAL: MRS MELISSA BEGGS  
ASSISTANT PRINCIPAL: MRS JACQUI VAN DER BURG  
PARISH ADMINISTRATOR: FR CLIFFORD D'SOUZA

Week 4 Term 1 17<sup>th</sup> February – 3<sup>rd</sup> March 2020

### Dear Parents and Caregivers,

Last Friday we celebrated our Opening School Mass. This was a wonderful opportunity to gather as a faith community and ask for God's blessing for the school year ahead as we learn and grow together. Thank you to those parents, grandparents and friends who were able to join us.

Recently you received your invitation to book an interview to meet with your child's teacher. along with a questionnaire to complete. The interview and information provided by you is an important part of the continuing partnership between school and home. As part of our partnership in your child's education teachers are often asked how I can assist my child at home especially in maths.

For those parents who are interested in learning more about Maths and mathematical concepts I have included the link to a reading from the site "Youcubed" which is run by Stanford University. The article discusses how to encourage your child to do well in maths and feel successful.

[Twelve steps to increase your Child's Math Achievement and Make math Fun](#)

This Friday we are asking the St Monica's community to bring a gold coin to assist Catholic Care provide ongoing assistance and support for those affected by the recent bushfires. The students will be completing letters of thanks for members of the RFS which will be made into collages and presented to the local fire brigades. At 2pm students will listen to a presentation from the Tennyson brigade about the work they do and there will be an opportunity for the students to see some RFS brigade trucks. We also acknowledge the work of Miss Gray who is an active RFS volunteer and the many parents in our community who also give up their time and volunteer to help keep our fabulous community a safer place to live and work! Thank you.

Wishing you every blessing for the week ahead.  
Melissa Beggs  
Principal

*"If we live like children of God and we let ourselves be guided by the Holy Spirit we do good to all creation as well."*

*Pope Francis @Pontifex*

| Diary Dates  |  |
|--|--|
| Wednesday<br>February 19   | P&F Meeting 7pm in the Library   |
| Thursday<br>February 20  | Diocesan Swimming Carnival   |
| Friday<br>February 21  | Yr 3 Parish Mass<br>Thank you to the RFS   |
| Monday<br>February 24  | Meet The Teacher Interviews  |
| Tuesday<br>February 25   | Shrove Tuesday<br>Meet the Teacher Interviews  |
| Wednesday<br>February 26   | Ash Wednesday<br>Yrs 3-6 Parish Mass 9am<br>K-2 Liturgy  |
| Monday<br>March 2  | School Assembly 2.15pm<br>Open Day for Prospective Parents<br>9.30-10.30am   |
| Thursday<br>March 5  | Yr 6 Fundraiser Hot Dog Lunch  |
| Friday<br>March 6  | Book Fair 8:30am-3:30pm<br>Catholic Schools Liturgy 12:00pm<br>Open Classrooms 12:30-1:15pm<br>Picnic in the playground 1:30pm |
| <u>Future Events</u><br>11 <sup>th</sup> March – Yr 3 excursion<br>19 <sup>th</sup> March - Harmony Day<br>20 <sup>th</sup> March – School Photos<br>27 <sup>th</sup> March – School Cross Country |  |

## CANTEEN ROSTER

Thank you to the following parents who will be working in the canteen this week. We appreciate the time and effort you give to our students. If you are unable to attend your rostered day please contact Michelle via the school office on 4570 3700.

|                          |  |
|--------------------------|--|
| Wednesday<br>February 19 | Jessica Huhes &<br>Josette Semaan                  |
| Friday<br>February 21    | Paula Sciberras &<br>Marianella Malek              |
| Monday<br>February 24    | Melissa Panich                                     |
| Wednesday<br>February 26 | <b>ASH Wednesday</b><br>Nibya Ross & Janiana Zahra |
| Friday<br>February 28    | Steve Chadevski &<br>Agi Tomaszewski               |
| Monday<br>March 2        | Kerrile Campbell                                   |
| Thank you 😊              |  |

### P&F Meeting

Wednesday 19<sup>th</sup> February

7pm in the library

Please enter through parish carpark gates

All Welcome!!!

## CAKE RAFFLE ROSTER

The cake raffle has been a long established and successful form of fund-raising for the Library. At the beginning of the term a roster is drawn up so that each class has a cake to raffle.

### How does it work?

Cake Raffle is held on Thursday mornings. Look below to see if your child is rostered to supply a cake and bring it to school on this day. The cake can be home made or purchased as the grocery store.

Tickets are sold for **20 cents each**. Each cake is raffled in every grade each week. It would be wonderful if all children could bring in some 20c coins to purchase a raffle ticket.

Many thanks for your continued co-operation and support.

Rosters were distributed to those on Term 1's roster last Friday. Please check your child's bag in case it hasn't made it from the bag!

Leanne Ryan – Teacher Librarian

| Week 4 – Thursday 20 <sup>th</sup> February |             |    |             |
|---|-------------|----|-------------|
| KB  | Rylan A     |    |             |
| 1B  | Christian B | 1W | Indianna B  |
| 2B  | Heath B     | 2W | Aurora A    |
| 3B  | Mikeila A   |    |             |
| 4B  | Aaliyah B   | 4W | Anthony A   |
| 5B  | Nickolas A  | 5W | Lincoln A   |
| 6B  | Jacinta A   | 6W | Charlotte B |
| K6G   | Anthony A   |    |             |

| Week 5 – Thursday 27 <sup>th</sup> February |           |    |            |
|---|-----------|----|------------|
| KB  | Aria B    |    |            |
| 1B  | Hannah C  | 1W | Indee B    |
| 2B  | Sophia B  | 2W | Annalise A |
| 3B  | Phoebe B  |    |            |
| 4B  | Archer B  | 4W | Flynn B    |
| 5B  | Oliver B  | 5W | Leo B      |
| 6B  | Michael B | 6W | Aiden C    |
| K6G   | Marcus G  |    |            |

## THANK YOU TO THE RFS - BUSHFIRES

On **Friday 21st February** we are asking that all children **bring a gold coin donation** which will be donated to Catholic Care for ongoing support for people affected by the recent bushfires. On this day we will join as a school and write thank you letters to our local Rural Fire Services. We will also have a special visit from the Tennyson Rural Fire Brigade and perhaps another brigade!. All parents are welcome to attend at 2:15pm. Children wear their normal school uniform on this day.



## FROM THE REC.....

### PRAYING WITH YOUR CHILDREN

Through prayer we connect with God. God created us, loves us and journeys with us, each moment of our life. Prayer connects us with each other and unites us as we express our faith in a loving God. Prayer is also about Presence – our presence with God and God's presence with us. When we pray we talk and listen to God.

3 simple steps to make prayer happen!

#### **1. Create time!**

An opportune time to pray, is when children are setting to sleep or when you gather for a family meal.

#### **2. What to say.**

Invite your child/children to think over their day, the fun/good times, the people they met etc. You begin with the Sign of the Cross and then say, "Let's thank God for the people we love" (ask your child/children to name them.)

Then ask your child/children to think of something they need help with and ask God's help. You might also ask your child to reflect on how they could show love to Others. Conclude with the Sign of the Cross or simply say, "Amen."

#### **3. Prayers!**

Teach your child some traditional prayers, such as the Glory Be, Hail Mary and Our Father.

Leanne Ryan – Religious Education Co-Ordinator

## EMAILS OUTSIDE SCHOOL HOURS

**St Monica's** recognises that email is a fast and convenient way to communicate with your child's teacher.

We wish to remind you that teachers read their emails at various times throughout the school day. Further, teachers are generally not expected to respond to emails from parents and students outside of normal working hours. **In the case of an emergency** please contact the school office during business hours by phone on 4570 3700 or email [StMonRic@parra.catholic.edu.au](mailto:StMonRic@parra.catholic.edu.au) if after hours and we will respond the next business day.

If you wish to contact your child's teacher via email, please continue to direct your emails to **[StMonRic@parra.catholic.edu.au](mailto:StMonRic@parra.catholic.edu.au)** which will then be forwarded to them by our office staff as per our usual practice. Of course, you can also make an appointment by phone.

We appreciate your assistance and understanding.

If you have any questions about the above, please feel free to contact **the office** on **4570 3700** or **speak with myself or the class teacher**.

Kind regards

**Mrs Melissa Beggs**  
**Principal**

St Monica's Primary School is having an

## **OPEN MORNING**

for ***Prospective NEW Families to the school community***

- ★ Monday March 2 from 9.30am to 10:30am.
- ★ Friday March 27 from 9:30am to 10:30am.
- ★

*Giving you the opportunity to tour our school and meet the Principal and K-2 Co-ordinator. Please phone the school to register your interest in attending on 4570 3700.*

## CANTEEN NEWS

### LENT

Lent begins on Ash Wednesday 26<sup>th</sup> February 2020.

**No** meat or chicken products will be available in the canteen on this day.

During lent **NO** meat or chicken products will be available on Fridays.

(Friday 28<sup>th</sup> February – Friday 10<sup>th</sup> April)

The following menu will be available on Friday's.

|                          |                                      |
|--------------------------|--------------------------------------|
| *Fish Burger             | \$4.00                               |
| *Fish Fingers            | 3 for \$2.00 or 6 for \$4.00         |
| *Macaroni & Cheese       | \$4.00                               |
| *Nacho's                 | \$3.50                               |
| *Vegetarian Fried Rice   | \$4.00                               |
| *Spinach & Ricotta Rolls | \$3.00                               |
| *Hash Browns             | \$1.50                               |
| *Cheese Pizza            | \$3.50                               |
| *Tuna Sandwich           | \$3.00                               |
| *Tuna Salad              | \$4.50                               |
| *Mediterranean Roll      | \$3.00 (tuna, olives & tomato paste) |
| *Cheese Jaffle           | \$3.00                               |

[Please see canteen price list for full selection.](#)

## TIMETABLE CHANGE

Please be advised that the sports and library days for Kindergarten have changed.

Kindergarten are to now wear their sports uniform on Tuesdays and Thursdays and their library day is now Fridays.

## CATHOLIC SCHOOLS WEEK - Week 6

We begin the week with an open day on **Monday 2nd March** starting at 9:30am for prospective new families. Please pass on the word to any families you know considering which school to send their children.

On **Friday 6th March** Book Fair open from 8.30am – 3.30pm

Families are invited to attend a Liturgy in the hall from 12:00pm

Open Classrooms 12:30pm - 1:15pm

Parents are invited to stay for lunch with your children on our playground from 1:30pm - 2:10pm



CEDP promotes daily school attendance. Going to school every day is the single most important part of your child's education.

If your child is sick or absent you are required to notify their school on the first day of absence if at all possible. All explanations to the school must be provided within **7 days** from the first day of any period of absence.

Absences can be explained using one of the following methods:

1. Online: log the absence directly using *the Skoolbag App*.
2. Email: the school at [StMonRic@parra.catholic.edu.au](mailto:StMonRic@parra.catholic.edu.au)
3. Note sent with your child upon their return to school
4. Telephone: the school office on 4570 3700 if your child will be unable to attend school due to illness for an extended period.

Where an explanation has not been received within the 7 day timeframe or the explanation has not been accepted, the school will record the absence as unexplained or unjustified on the student's record. The school will not be able to accept explanations which are not received within the 7 day timeframe.

Justified reasons for student absences may include:

- being sick or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstances e.g. attending a funeral

### **Why do I need to notify the school if my child is absent?**

Parents of children aged 6 to 17 years are legally required to ensure their children attend school every day or provide an explanation if they are absent. Notifying the school and providing an explanation for your child's absence will fulfil this legal responsibility.

The safety and wellbeing of students are the highest priorities for schools. Parents need to know if their child isn't at school, and schools need to know when and why a child is absent. Notifying the school of your child's absence helps ensure the safety and wellbeing of all children in school.

### **What is your responsibility?**

- Ensure your child attends school every day
- Notify the school immediately if your child is absent
- Provide an explanation for any absences within 7 days
- Make sure the school has your correct contact details so that you can receive attendance information about your child

every learner every day 



# SACRAMENTAL PROGRAM

## 2020

| January |    |    |    |    |    |    |
|---------|----|----|----|----|----|----|
| Su      | M  | Tu | W  | Th | F  | Sa |
|         |    |    | 1  | 2  | 3  | 4  |
| 5       | 6  | 7  | 8  | 9  | 10 | 11 |
| 12      | 13 | 14 | 15 | 16 | 17 | 18 |
| 19      | 20 | 21 | 22 | 23 | 24 | 25 |
| 26      | 27 | 28 | 29 | 30 | 31 |    |

| February |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| Su       | M  | Tu | W  | Th | F  | Sa |
|          |    |    |    |    |    | 1  |
| 2        | 3  | 4  | 5  | 6  | 7  | 8  |
| 9        | 10 | 11 | 12 | 13 | 14 | 15 |
| 16       | 17 | 18 | 19 | 20 | 21 | 22 |
| 23       | 24 | 25 | 26 | 27 | 28 | 29 |

| March |    |    |    |    |    |    |
|-------|----|----|----|----|----|----|
| Su    | M  | Tu | W  | Th | F  | Sa |
| 1     | 2  | 3  | 4  | 5  | 6  | 7  |
| 8     | 9  | 10 | 11 | 12 | 13 | 14 |
| 15    | 16 | 17 | 18 | 19 | 20 | 21 |
| 22    | 23 | 24 | 25 | 26 | 27 | 28 |
| 29    | 30 | 31 |    |    |    |    |

| April |    |    |    |    |    |    |
|-------|----|----|----|----|----|----|
| Su    | M  | Tu | W  | Th | F  | Sa |
|       |    |    |    | 1  | 2  | 3  |
| 4     | 5  | 6  | 7  | 8  | 9  | 10 |
| 11    | 12 | 13 | 14 | 15 | 16 | 17 |
| 18    | 19 | 20 | 21 | 22 | 23 | 24 |
| 25    | 26 | 27 | 28 | 29 | 30 |    |

| May |    |    |    |    |    |    |
|-----|----|----|----|----|----|----|
| Su  | M  | Tu | W  | Th | F  | Sa |
|     |    |    |    |    | 1  | 2  |
| 3   | 4  | 5  | 6  | 7  | 8  | 9  |
| 10  | 11 | 12 | 13 | 14 | 15 | 16 |
| 17  | 18 | 19 | 20 | 21 | 22 | 23 |
| 24  | 25 | 26 | 27 | 28 | 29 | 30 |
| 31  |    |    |    |    |    |    |

| June |    |    |    |    |    |    |
|------|----|----|----|----|----|----|
| Su   | M  | Tu | W  | Th | F  | Sa |
|      |    | 1  | 2  | 3  | 4  | 5  |
| 6    | 7  | 8  | 9  | 10 | 11 | 12 |
| 13   | 14 | 15 | 16 | 17 | 18 | 19 |
| 20   | 21 | 22 | 23 | 24 | 25 | 26 |
| 27   | 28 | 29 | 30 |    |    |    |

| July |    |    |    |    |    |    |
|------|----|----|----|----|----|----|
| Su   | M  | Tu | W  | Th | F  | Sa |
|      |    |    |    | 1  | 2  | 3  |
| 4    | 5  | 6  | 7  | 8  | 9  | 10 |
| 11   | 12 | 13 | 14 | 15 | 16 | 17 |
| 18   | 19 | 20 | 21 | 22 | 23 | 24 |
| 25   | 26 | 27 | 28 | 29 | 30 | 31 |

| August |    |    |    |    |    |    |
|--------|----|----|----|----|----|----|
| Su     | M  | Tu | W  | Th | F  | Sa |
|        |    |    |    |    |    | 1  |
| 2      | 3  | 4  | 5  | 6  | 7  | 8  |
| 9      | 10 | 11 | 12 | 13 | 14 | 15 |
| 16     | 17 | 18 | 19 | 20 | 21 | 22 |
| 23     | 24 | 25 | 26 | 27 | 28 | 29 |
| 30     | 31 |    |    |    |    |    |

| September |    |    |    |    |    |    |
|-----------|----|----|----|----|----|----|
| Su        | M  | Tu | W  | Th | F  | Sa |
|           |    | 1  | 2  | 3  | 4  | 5  |
| 6         | 7  | 8  | 9  | 10 | 11 | 12 |
| 13        | 14 | 15 | 16 | 17 | 18 | 19 |
| 20        | 21 | 22 | 23 | 24 | 25 | 26 |
| 27        | 28 | 29 | 30 |    |    |    |

| October |    |    |    |    |    |    |
|---------|----|----|----|----|----|----|
| Su      | M  | Tu | W  | Th | F  | Sa |
|         |    |    |    | 1  | 2  | 3  |
| 4       | 5  | 6  | 7  | 8  | 9  | 10 |
| 11      | 12 | 13 | 14 | 15 | 16 | 17 |
| 18      | 19 | 20 | 21 | 22 | 23 | 24 |
| 25      | 26 | 27 | 28 | 29 | 30 | 31 |

| November |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| Su       | M  | Tu | W  | Th | F  | Sa |
| 1        | 2  | 3  | 4  | 5  | 6  | 7  |
| 8        | 9  | 10 | 11 | 12 | 13 | 14 |
| 15       | 16 | 17 | 18 | 19 | 20 | 21 |
| 22       | 23 | 24 | 25 | 26 | 27 | 28 |
| 29       | 30 |    |    |    |    |    |

| December |    |    |    |    |    |    |
|----------|----|----|----|----|----|----|
| Su       | M  | Tu | W  | Th | F  | Sa |
|          |    | 1  | 2  | 3  | 4  | 5  |
| 6        | 7  | 8  | 9  | 10 | 11 | 12 |
| 13       | 14 | 15 | 16 | 17 | 18 | 19 |
| 20       | 21 | 22 | 23 | 24 | 25 | 26 |
| 27       | 28 | 29 | 30 | 31 |    |    |

### CONFIRMATION - YEAR 5

**Forms Available:** 22<sup>nd</sup> & 23<sup>rd</sup> February  
**Enrolment Ceremony:** 28<sup>th</sup> & 29<sup>th</sup> March  
**Parent Night:** 7<sup>th</sup> April (Tuesday)  
**Groups Begin:** 3<sup>rd</sup> May (4 Week Duration)  
**Reconciliation:** 26<sup>th</sup> May  
**Ceremonies:** 2<sup>nd</sup> (Tuesday) & 3<sup>rd</sup> June (Wednesday)

### EUCCHARIST - YEAR 4

**Forms Available:** 23<sup>rd</sup> & 24<sup>th</sup> May  
**Enrolment Ceremony:** 27<sup>th</sup> & 28<sup>th</sup> June  
**Parent Night:** 21<sup>st</sup> July (Tuesday)  
**Groups Begin:** 2<sup>nd</sup> Aug (4 Week Duration)  
**Reconciliation:** 1<sup>st</sup> September  
**Ceremonies:** 12<sup>th</sup> - 13<sup>th</sup> Sept & 19<sup>th</sup> - 20<sup>th</sup> Sept

### PENANCE - YEAR 3

**Forms Available:** 12<sup>th</sup> & 13<sup>th</sup> September  
**Enrolment Ceremony:** 17<sup>th</sup> & 18<sup>th</sup> October  
**Parent Night:** 22<sup>nd</sup> October (Thursday)  
**Groups Begin:** 25<sup>th</sup> October (4 Week Duration)  
**Ceremonies:** 24<sup>th</sup> & 25<sup>th</sup> November

### SCHOOL HOLIDAY'S

10 Apr 2020 – 26 Apr 2020  
 4 Jul 2020 – 19 July 2020  
 26 Sept 2020 – 11 Oct 2020  
 17 Dec 2020 - 26 January 2021

**Ash Wednesday** – 26 Feb  
**Palm Sunday** – 5 April  
**Good Friday** – 10 April  
**Easter Sunday** – 12 April  
**Easter Monday** – 13 April  
**Anzac Day** – Saturday, 25<sup>th</sup> April  
**Mother's Day** – Sunday, 10<sup>th</sup> May  
**Queen's Birthday** – Monday, 8<sup>th</sup> June  
**Father's Day** – Sunday, 6<sup>th</sup> September  
**Labour Day** – Monday, 5<sup>th</sup> October

Follow us on Facebook

Accessing our Facebook page:

<https://www.facebook.com/St-Monicas-Primary-School-Richmond-1452420771540958>

or [goo.gl/SeBdoA](http://goo.gl/SeBdoA)



## Subscribe to St Monica's Weekly Newsletter

Dear Parents/Caregivers,

Our weekly newsletter is accessible online. In order for this to happen, you will need to subscribe via our school website. This will enable you to receive an email in your selected account with a link to the Newsletter.

Please follow the details below to subscribe:

**Step 1:** Using your internet search engine, type in the following web address.


<http://www.stmonicasrichmond.catholic.edu.au>

**Step 2:** Select the Community

**Step 3:** In the dropdown box select Newsletters

**Step 4:** Subscribe by using the green window on the right hand side.

If you change email address, complete the above again. You will now receive the Newsletter every second Tuesday.  
(Weeks 2, 4, 6, 8 & 10)



# SkoolBag


### 5 Easy Steps to Staying Informed

SkoolBag is the easiest way to stay up-to-date with school events, last minute notices, newsletters and all your school's communications.

- 1. Download SkoolBag**


Search SkoolBag in the Apple App or Google Play Store, download the FREE app.

SkoolBag: School Communication


- 2. Create an Account**


Follow the prompts to create your account in seconds.
- 3. Add your School**


Type your school's name and press enter. Tap the plus icon to add.


- 4. Allow Notifications**

Ensure you Allow SkoolBag to send you push notifications when prompted.
- 5. Subscribe to Groups**

Select Year Groups / Sports Teams to appear in your feed.







ST MONICA'S CATHOLIC PRIMARY SCHOOL RICHMOND

## ENROLLING NOW FOR 2020 & 2021 All Grades

*At St Monica's Primary School, our aim is to personalise learning to enable children to reach their full potential emotionally, socially, intellectually and spiritually.*

*Our vision challenges us to provide and support a quality Catholic education that prepares each child for the future through caring and innovative teaching.*

*Therefore, we believe:*

- All children can learn
- Learning is dynamic and lifelong
- Children develop deep understanding when given the opportunity to engage, explore, reflect, revise and apply

*Enrolment Applications may be collected from:*

*St Monica's Primary School – 32 Francis Street*

*Email: [stmonric@parra.catholic.edu.au](mailto:stmonric@parra.catholic.edu.au)*

*[www.stmonicasrichmond.catholic.edu.au](http://www.stmonicasrichmond.catholic.edu.au)*

*Tel: (02) 4570 3700*



## Bede Polding College Year 7 2021 Key Enrolment Dates

- Enrolment Applications for Year 7 2021 are available NOW.
- Completed Enrolment Applications are to be submitted to the College no later than **Friday 6 March 2020**
- The College Open Day will be held on **Tuesday 18 February 2020**, 3-6pm
- Year 7 2021 Enrolment Interviews will be held on **Wednesday 18 March 2020** and **Wednesday 25 March 2020** in the College Library
- Letters of acceptance will be emailed to families by **Friday 17 April 2020**.

*Families are reminded that every new student to the College is required to follow our enrolment procedures, even if siblings have previously attended the College.*







## St Monica's Primary Term 1 Calendar - 2020

| Week<br>Month                                       |   |  |   |   |  |                 |
|---|---|--|---|---|--|-----------------|
| Day   | Monday  | Tuesday  | Wednesday   | Thursday  | Friday   | Saturday/Sunday |
| 1<br>January<br>February                            |   | 28th<br>MAI's - 11-3:30                                      | 29th<br>MAI's 8:30-3:30   | 30th<br>Yrs 1-6 8:50-3:10<br>Briefing 8.30am                    | 31st<br>KINDER STARTS 9.30am<br>Yrs 1 - 6 8:50-3:10  | 1st/2nd         |
| 2   | 3rd<br>Assembly - Yr 5<br>Prayer  | 4th<br>SM-Admin 3.30pm                                       | 5th   | 6th<br>Briefing 8.30am  | 7th  | 8th/9th         |
| 3   | 10th<br>Cr8 Afternoon<br>Wk 1   | 11th<br>SM- Module 3.30pm                                    | 12th  | 13th<br>Briefing 8.30am   | 14th<br>Opening School Mass<br>11:30am<br>Zone swimming  | 15th/16th       |
| 4   | 17th<br>Assembly Year 4<br>Prayer   | 18th<br>Yr 5 Bathurst Meeting<br>11:30am<br>SM- PDHPE 3.30pm | 19th<br>P & F Meeting 7pm   | 20th<br>Diocesan Swimming<br>Briefing 8.30am                    | 21st<br>Parish Mass 9am -<br>Year 3  | 22nd/23rd       |
| 5<br>February<br>March<br>Meet and<br>Greet<br>Week | 24th<br>Meet & Greet<br>Mon-Thurs<br>Cr8 Afternoon<br>Wk 2                | 25th<br>Shrove Tuesday<br>SM- MAIs 3.30pm                    | 26th<br>Ash Wednesday<br>Years 3 - 6 Parish Mass<br>9:00am<br>K-2 Liturgy of the Word                     | 27th<br>Briefing 8.30am   | 28th   | 29th/1st        |
| 6<br>Catholic<br>Schools<br>Week                    | 2nd<br>Assembly - Year 3<br>Prayer<br>Open Day for<br>Prospective Parents | 3rd<br>SM- RE 3.30pm   | 4th   | 5th<br>Year 6 Fundraiser<br>Hot Dog Lunch<br>Briefing 8.30am    | 6th<br>Book Fair - 8:30 - 3:30<br>-Liturgy 12:00<br>-Open Classrooms 12:30<br>- 1:15<br>-Picnic Lunch in the<br>playground | 7th/8th         |
| 7   | 9th<br>Cr8 Afternoon<br>Wk 3  | 10th   | 11th<br>Year 4 Reconciliation<br>10am<br>Year 3 excursion Sydney<br>Observatory and<br>Powerhouse Museum. | 12th<br>Briefing 8.30am   | 13th<br>Parish Mass - 9am -<br>Year 2  | 14th/15th       |
| 8   | 16th<br>Assembly - Year 2<br>Prayer                                       | 17th<br>SM- Numeracy 3.30pm                                  | 18th<br>Reconciliation -<br>Year 5 10am   | 19th<br>Harmony Day<br>* Wear orange<br>Briefing 8.30am         | 20th<br>Parish Mass 9am -Years<br>1 & 6,<br>School Photos  | 21st/22nd       |
| 9   | 23rd<br>Cr8 Afternoon<br>Wk 4   | 24th<br>SM- RE 3.30pm  | 25th<br>Reconciliation - Year 6<br>10am   | 26th<br>Briefing 8.30am   | 27th<br>School X Country<br>Year 2-6<br>K & Yr 1 remain at<br>school   | 28th/29th       |
| 10<br>March<br>April                                | 30th<br>Assembly - Year 1<br>Prayer<br>CARES YR4                          | 31st<br>CARES YR4<br>SM- PDHPE                               | 1st   | 2nd<br>Yr 6 Excursion<br>Scheyville Migrant<br>Camp<br>Briefing | 3rd<br>Parish Mass - Year 3  | 4th/5th         |
| 11  | 6th<br>Cr8 Afternoon<br>Wk 5  | 7th  | 8th<br>Last day T1 K-6 students<br>Holy Week Celebration -<br>12:30                                       | 9th<br>SDD - Pupil Free Day                                     | 10th<br>Good Friday  | 11th/12th       |

# CANTEEN MENU

| SANDWICHES   |   |              |  |   |
|--|---|--------------|--|---|
| Bread rolls (add extra)                            |   | \$0.50       |    | Paper bags \$0.10   |
| Roast chicken                                      |   | \$3.50       |  | Apples \$1.00   |
| Roast chicken with salad                           |   | \$4.00       |  |  |
| Ham & salad  |   | \$4.00       |  |   |
| Ham  |   | \$3.00       |  |   |
| Tuna   |   | \$3.00       |  |   |
| Vegemite   |   | \$2.50       |  |   |
| Cheese   |   | \$2.50       |  |   |
| Cheese & salad                                     |   | \$3.50       | Extra Fillings   |   |
| Mediterranean roll (w/Tuna, olives & tomato paste) |   | \$3.00       | Mayonnaise   | \$0.30  |
| Egg & lettuce                                      |   | \$3.00       | Lettuce, tomato  | \$0.30  |
| Jaffle: Ham & cheese                               |   | \$3.50       | Tomato sauce   | \$0.30  |
| Jaffle: Cheese                                     |   | \$3.00       | Cheese, egg or avocado   | \$0.50  |
| Buttered bread                                     |   | \$0.60       | FRUIT & JELLY  |   |
| SALAD PACKS  |   |              | Jelly cup  | \$1.00  |
| Chicken & salad                                    |   | \$4.50       | Jelly & custard  | \$1.50  |
| Ham & salad  |   | \$4.50       | Custard cup  | \$1.00  |
| Tuna & Salad                                       |   | \$4.50       | Seasonal fruit cups (ONLY Term 1 & 4)  | \$1.00  |
| Egg & salad  |   | \$4.00       | RECESS MENU  |   |
| Salad bowl   |   | \$3.50       | Garlic bread   | \$1.00  |
| WRAPS  |   |              | Cheese & bacon rolls   | \$2.00  |
| Roast chicken, avocado, lettuce & mayo             |   | \$4.50       | Pasta cups (ONLY Term 2 & 3)   | \$2.00  |
| Roast chicken & salad                              |   | \$4.50       | Carrot & cucumber with vegetable dip (ONLY Term 1 & 4)   | \$1.00  |
| Chicken tender wrap with lettuce & mayo            |   | \$3.50       | Chocolate muffins  | \$1.00  |
| \$3.50   | HOT DOG DAY   |              | Pikelets (ONLY Wednesday)  | \$0.50  |
|  | K-2 - First WEDNESDAY of each month<br>3-6 - Second WEDNESDAY of each month |              | To provide the best canteen service for the children, it is necessary for all orders to be handed in at the canteen before 9am. Thank you. |   |
| Hot dog with sauce                                 |   |              |  |   |
| HOT FOOD   |   |              | SNACKS   |   |
| Chicken Nuggets                                    | 3 for \$2.00  | 6 for \$4.00 | Red rock deli chips – Honey & soy  | \$1.50  |
| Gluten free nuggets                                | 3 for \$2.00  | 6 for \$4.00 | Smith's salt & vinegar (Gluten free)   | \$1.50  |
| Hash browns  |   | \$1.50       | Bread sticks (pizza & plain)   | \$0.30  |
| Fish fingers                                       | 3 for \$2.00  | 6 for \$4.00 | Want Want Rice Crackers  | \$0.30  |
| Corn on the cob                                    |   | \$1.50       | Eucalyptus drops   | \$1.00  |
| Hot roast chicken roll                             |   | \$3.50       | ICE BLOCKS   |   |
| Pie -Traveller (Large)                             |   | \$3.50       | Quelch – 99% Fruit juice   | \$1.00  |
| Pie - Snack (small)                                |   | \$2.00       | Zooper Doopers   | \$1.00  |
| Potato Pie (ONLY Term 2 & 3)                       |   | \$4.00       | Zing (yoghurt & fruit)   | \$1.00  |
| Lite sausage roll                                  |   | \$3.00       | Frozen apple/blackcurrant cups   | \$1.00  |
| Spinach & cheese rolls                             |   | \$3.00       | Jelly joy sticks (Gluten free)   | \$0.30  |
| Pizza – Cheese & bacon                             |   | \$3.50       | DRINKS   |   |
| Lasagne  |   | \$4.00       | Popper juice Apple or Orange   | \$1.50  |
| Macaroni & cheese                                  |   | \$4.00       | Spring water   | \$2.00  |
| Mamee chicken noodles                              |   | \$3.00       | Quench (blue, green, red)  | \$2.50  |
| St Monica's cheese burger with tomato sauce        |   | \$4.00       | Flavoured milk Strawberry or Chocolate   | \$2.50  |
| St Monica's beef burger with lettuce & tomato      |   | \$4.00       | Cup of plain milk  | \$1.00  |
| Nacho dippers with salsa & cheese                  |   | \$3.50       | Please Note: RECESS & LUNCH ORDERS ARE TO BE IN SEPARATE BAGS  |   |
| Fish burger with lettuce & mayo                    |   | \$4.00       |  |   |
| Chicken burger with lettuce & mayo                 |   | \$4.00       |  |   |

**CANTEEN OPEN MONDAY, WEDNESDAY & FRIDAYS ONLY**

## What's on at Penrith Observatory March 2020

**Date:** Saturday 7 March 2020

**Event name:** Public Astronomy Night: Our Neighbourhood

**Event details:**

**Speaker – Ms Raelene Sommer**

A guided tour of the Solar System, with a brief look at formation and what is happening now, and a close up look at our star, the Sun.

Includes presentation, short 3D movie, tour of the dome and viewing of the night sky through a range of telescopes (weather permitting).

\$18.00 Adult

\$12.00 Child/Concession

\$50.00 Family (2 adults + 2 children)

Children under 3 years of age free.

IMPORTANT: Parents/Carers are responsible for and must remain with their children at all times.

BOOKINGS VIA OUR WEBSITE ESSENTIAL

**Time:** 8pm – 10pm

**Venue Address:** Penrith Observatory (Building AO), Western Sydney University, Werrington North campus, Great Western Highway, Werrington 2747

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**Date:** Saturday 21 March 2020

**Event name:** Public Astronomy Night: From Darkness to Light: Star Birth in the Milky Way

**Event details:**

**Speaker – Dr Nick Tothill**

Stars like our sun are still being formed all around us in our Galaxy, although they're sometimes hard to see. Some of them are going to be like our own Sun, some of them will be smaller, and some will be much, much bigger. Find out about new stars and the places we can see them, and what this means for our understanding of our Sun and our place in the Galaxy.

Includes presentation, short 3D movie, tour of the dome and viewing of the night sky through a range of telescopes (weather permitting).

\$18.00 Adult

\$12.00 Child/Concession

\$50.00 Family (2 adults + 2 children)

Children under 3 years of age free.

IMPORTANT: Parents/Carers are responsible for and must remain with their children at all times.

BOOKINGS VIA OUR WEBSITE ESSENTIAL

**Time:** 8pm – 10pm

**Venue Address:** Penrith Observatory (Building AO), Western Sydney University, Werrington North campus, Great Western Highway, Werrington 2747

**Contact phone or website for public enquiries and bookings:**

[https://www.westernsydney.edu.au/observatorypenrith/penrith\\_observatory/whats\\_on](https://www.westernsydney.edu.au/observatorypenrith/penrith_observatory/whats_on)

**Facebook Event:** <https://www.facebook.com/events/3601725336520526/>

# MORE REASONS TO EAT FRUIT!

Cherries help calm your nervous system



Grapes relax your blood vessels



Peaches are rich in potassium, fluoride and iron



Apples help your body develop resistance against infections



Watermelon helps control your heart rate

Oranges help maintain great skin and vision



Strawberries can potentially fight against cancer and aging



Bananas are great for athletes because they give you energy



Pineapples help fight arthritis

Blueberries protect your heart



Kiwis increase bone mass



Mangos protect against several kinds of cancer





## 2-DAY SUPER CAMP April

WHERE EVERY CAMPER'S  
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Duration: 2-days Age: Kindy - Yr 6 Time: 8.30am - 3.30pm daily  
EXPERIENCE: 12 HYBRID SPORTS | 6 SUPER SESSIONS | AMAZING COACHING

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**GET MOTIV8TED DURING THE APRIL SCHOOL HOLIDAYS  
AT THE ONE AND ONLY MOTIV8SPORTS SUPER CAMP.**

Held only once each year Super Camp is a sports festival designed just for kids. Super Camp is an energetic mix of sport, music, street culture, art and dance mashed up to create the ultimate atmosphere for kids who love having fun. With a live DJ pumping the beats and multiple prize giveaways, this is an event not to be missed. All camps are 8:30am - 3:30pm daily non-sleep over events.



CHECK OUT THE CAMP DATES BELOW

**CAMP #1** APRIL 16th-17th - [Nepean Christian School](#)

**CAMP #2** APRIL 20th-21st - [St Clair HIGH SCHOOL](#)

**CAMP #3** APRIL 23rd-24th - [Penrith Anglican College](#)





## **LOWLAND WANDERERS**

Bensons Lane Richmond

IF YOU ARE INTERESTED IN PLAYING SOCCER IN 2020, **LOWLAND WANDERERS SOCCER CLUB** STILL HAVE PLACES AVAILABLE IN THE UNDER 4 (MINI ROOS) TO UNDER 11 (BOYS & GIRLS) AGE GROUPS

**ALL REGISTRATION FEES ARE INCLUSIVE OF MATCH FEES. THERE ARE NO WEEKLY FEES TO BE PAID.**

U4 - We will be running an in-house Mini Roos program for U4s.

Cost: \$65 for School Terms 1 and 2, commencing Wednesday 19th February

Cost includes a Football NSW participation pack containing a training ball, activity book and stickers.

Registrations for this program can be done online at

<https://membership.sportstg.com/regofrm.cgi?formID=92086&programID=49010>

U5 - U9: With Active Kids Voucher \$0

U10 - U11: With Active Kids Voucher \$65

U5-U9

Registration includes:

- \* Complimentary training ball
- \* Junior Presentation
- \* All players receive a trophy
- \* Complimentary training shirt
- \* Football Federation Australia Fees
- \* Football NSW Fees
- \* Nepean Football Association Fees

U10 – U18

Registration includes:

- \* Junior Presentation
- \* All players receive a trophy
- \* Complimentary training shirt
- \* Football Federation Australia Fees
- \* Football NSW Fees
- \* Nepean Football Association Fees

For further details please call David on 0417 603 806 or email [info@lowlandwanderers.com](mailto:info@lowlandwanderers.com)

**WE LOOK FORWARD TO SEEING YOU**